

Real World Parenting

Pre-Requisites:

Credits:

Estimated Completion Time:

Earliest Start Date: March 2014

Description

Real World Parenting

COURSE DESCRIPTION:

The process of parenting is more than just having a child and making sure they eat, sleep and get to school on time. Learn what to prepare for, what to expect, and what vital steps a parent can take to create the best environment and life for their child. Parenting roles and responsibilities; nurturing and protective environments for children; positive parenting strategies and effective communication in parent/child relationships are some of the topics covered in this course.

Major Topics and Concepts

Unit 1: The World Of Parenting

Objectives:

Upon completion of this unit, you will be able to:

- * Discuss what it means to be a parent.
- * Understand the roles and responsibilities of being a parent.
- * Analyze the costs and rewards of parenthood.
- * Compare different parenting philosophies.
- * Describe the qualities that make a person a good candidate for parenthood.

Unit 2: Self-Esteem & Child Development

Objectives:

Upon completion of this unit, you will be able to:

- * Define self-esteem.
- * List characteristics of a person with high self-esteem and a person with low self-esteem.
- * Understand the self-esteem needs of children at different stages of development.
- * Identify factors that raise and diminish a person's self-esteem.
- * Understand ways in which parents influence a child's self-esteem.

Unit 3: Environments for Children

Objectives:

Upon completion of this unit, you will be able to:

- * Define "protective environment" and "nurturing environment."
- * Discuss the kinds of nurturing and support children need at different ages.
- * Identify abuse and other potential impediments to creating a nurturing environment.
- * Describe strategies for nurturing special needs children.
- * Understand how to choose appropriate childcare.

Unit 4: Positive Parenting

Objectives:

Upon completion of this unit, you will be able to:

- * Understand what positive parenting means.
- * Define punishment, discipline, and guidance.
- * Discuss how positive parenting can be used with children of different ages.
- * Understand the use of consequences in positive parenting.
- * Know the resources available to parents and where to find them.

Unit 5: Parent-Child Relationships

Objectives:

Upon completion of this unit, you will be able to:

- * Discuss communication and what makes communication effective.
- * Describe the differences between negative and positive communication.
- * Consider how to talk with children about their mistakes through positive communication.
- * Discuss some of the social issues that affect families.
- * Consider how parents can talk to their children about difficult issues.

Unit 6: Family Diversity

Objectives:

Upon completion of this unit, you will be able to:

- * Discuss family composition and some factors that influence this aspect of family life.
- * Examine the different types of families.
- * Discuss the history of Western families and how family practices have changed over time.
- * Consider multicultural families and the advantages and challenges that they face.
- * Discuss how parents can help their families adapt to a new culture or area.

Unit 7: Leadership & Organizational Skills

Objectives:

Upon completion of this unit, you will be able to:

- * Learn about youth organizations and their benefits.
- * Find examples of youth organizations and their purposes.
- * Discuss the benefits of volunteering with the community.
- * Define personal development and growth.
- * Examine how parents can help children with personal development.

Unit 8: Trends & Science in Parenting

Objectives:

Upon completion of this unit, you will be able to:

- * Learn more about brain development in children.
- * Discuss some ways that parents can encourage brain development.
- * Examine how parents can use technology.
- * Learn about some of the advances in assistive technology and devices.
- * Consider the benefits of assistive technology.